PITTSFIELD SCHOOL FOOD SERVICES SUMMER LUNCH MENU 2023

JUNE-JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
We Use Whole Wheat or Whole Grain Rolls, Breads, Pastas, and Pizza Shells. A Variety of Fresh and Chilled Fruit Ofered Daily.	Serving size: Fruit-1/2 cup Vegetable- 1/2 cup Salad- 1 cup All sandwiches and Subs-1 each Pasta/Rice- 1/2 cup Pizza- 1 slice Milk- 1 cont. or 1 cup	June 28	June 29	June 30
		Chicken Patty	Hamburger/Cheeseburger	Cheese Pizza
		Potato Salad Fresh Fruit	Baked Beans Fresh Fruit & Chilled Fruit	Side Salad Fresh Fruit & Chilled Fruit
		Milk	Milk	Milk
July 3	July 4	July 5	July 6	July 7
Hot Dog or Grilled Cheese	Holiday	Roasted Turkey Breast Sandwich	Hamburger/Cheeseburger	Cheese Pizza
Roasted Corn Sliced Watermelon Milk	Happy 4th of July!	Tomato & Cucumber Salad Fresh Fruit & Chilled Fruit Milk	French Fries Fresh Fruit & Chilled Fruit Milk	Side Salad Fresh Fruit & Chilled Fruit Milk
July	July	July	July	July
10	11	12	13	14
Teriyaki Chicken Strips	Ham and Cheese Croissant	Turkey Enchiladas	•	Cheese Pizza or Vegetable Pizza
Brown Rice Green Beans Fresh Fruit & Chilled Fruit	Roasted Summer Squash Fresh Fruit & Chilled Fruit Milk	Roasted Corn Fresh Fruit Milk	Baked Beans Fresh Fruit & Chilled Fruit Milk	Side Salad Fresh Fruit & Chilled Fruit Milk
Milk				
July 17	July 18	July 19	July 20	July 21
Grilled Cheese or Sun Butter & Jelly	Chicken and Cheese Quesadilla	Turkey, Bacon, Cheddar Wrap	Hamburger/Cheeseburger	Cheese Pizza
Fruit Juice Fresh Fruit & Chilled Fruit Milk	Sweet Corn Salad Fresh Fruit & Chilled Fruit Milk	Roasted Summer Squash Fresh Fruit Milk	French Fries Fresh Fruit & Chilled Fruit Milk	Side Salad Fresh Fruit & Chilled Fruit Milk
July 24	July 25	July 26	July 27	July 28
Meatloaf	Roasted Turkey Breast Sandwich	Chicken Salad Wrap	Hamburger/Cheeseburger	Cheese Pizza or Vegetable Pizza
Potato Salad Fresh Fruit & Chilled Fruit Milk	Tomato & Cucumber Salad Fresh Fruit & Chilled Fruit Milk	Chickpea Salad Fresh Fruit Milk	Baked Beans Fresh Fruit & Chilled Fruit Milk	Side Salad Fresh Fruit & Chilled Fruit Milk
Menu Subject To Change Without Notice				

Chilled & Dried Fruits	Fresh Fruits	
Apricots Diced	Blueberries-Local	
PeachFree Stone	Strawberries-Local	
Pears Diced	Melons-Local when available	
Raisins	Oranges	
Strawberry Cups	Bananas	





Daily Alternative: Sun Butter & Jelly Sandwich

PITTSFIELD PUBLIC SCHOOLS

PITTSFIELD SCHOOL FOOD SERVICES Summer Lunch MENU 2023



August

Hot Dog or Grilled Cheese Teriyaki Chicken Strips Roasted Turkey Breast Sandwich Hamburger/Cheeseburger Cheese Pizza Side Salad Fresh Fruit & Chilled Fruit Milk			August		
Hot Dog or Grilled Cheese Roasted Corn Roasted Corn Sliced Watermelon Milk August August August August August Brown Rice Green Beans Fresh Fruit & Chilled Fruit Milk August August August August August Brown Rice & Fresh Fruit & Chilled Fruit Milk August	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog or Grilled Cheese Roasted Corn Sliced Watermelon Milk August August August August August August Brown Rice Corlessant Brown Rice & Green Beans Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	•	August	August	August	August
Roasted Corn Sloed Watermelon Milk August Au	<u> </u>	1	2	3	4
Sliced Matermelon Milk Fresh Fruit & Chilled Fruit Milk August August August August 7 8 9 10 11 Teriyaki Chicken Strips Ham and Cheese Croissant Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	Hot Dog or Grilled Cheese	Teriyaki Chicken Strips	Roasted Turkey Breast Sandwich	Hamburger/Cheeseburger	Cheese Pizza
Milk August August August August August August August 10 11 Teriyaki Chicken Strips Ham and Cheese Croissant Brown Rice & Green Beans Fresh Fruit & Chilled Fruit Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	Roasted Corn	Brown Rice	Tomato & Cucumber Salad	French Fries	Side Salad
August 7 8 9 10 11 Teriyaki Chicken Strips Ham and Cheese Croissant Brown Rice & Green Beans Fresh Fruit & Chilled Fruit Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk					
Teriyaki Chicken Strips Ham and Cheese Croissant Fresh Fruit & Chilled Fruit Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	Milk	Fresh Fruit & Chilled Fruit	Milk	Milk	Milk
Teriyaki Chicken Strips Brown Rice & Green Beans Fresh Fruit & Chilled Fruit Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	August	August	August	August	August
Brown Rice & Green Beans Fresh Fruit & Chilled Fruit Fresh	7	8	9	10	11
Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	Teriyaki Chicken Strips	Ham and Cheese Croissant	Turkey Enchiladas	Hamburger/Cheeseburger	Cheese Pizza or Vegetable Pizza
Milk Milk M	Brown Rice & Green Beans	Roasted Summer Squash	Roasted Corn	Baked Beans	Side Salad
Milk 14 15 Grilled Cheese or Peanut Butter Jelly Fresh Fruit & Chilled Fruit Milk Milk Milk Mulk Mulk Mulk Mulk Mulk Mulk Mulk Mu	Fresh Fruit & Chilled Fruit	Fresh Fruit & Chilled Fruit	Fresh Fruit	Fresh Fruit & Chilled Fruit	Fresh Fruit & Chilled Fruit
Grilled Cheese or Peanut Butter Jelly Fruit Juice Fruit Juice Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	Milk	Milk	Milk	Milk	Milk
Fruit Juice Fresh Fruit & Chilled Fruit Milk August 21 22 4 25 Meatloaf Potato Salad Fresh Fruit & Chilled Fruit Milk Milk August 25 Chicken Salad Fresh Fruit & Chilled Fruit Milk August 21 South Clare Breat Sandwich Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	Milk				
Fruit Juice Fresh Fruit & Chilled Fruit Milk August 21 22 23 24 25 Meatloaf Potato Salad Fresh Fruit & Chilled Fruit Milk Milk August 21 25 26 Meatloaf Potato Salad Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	14	15	16	17	18
Fresh Fruit & Chilled Fruit Milk M	Grilled Cheese or Peanut Butter Jelly	Chicken and Cheese Quesadilla	Turkey, Bacon, Cheddar Wrap	Hamburger/Cheeseburger	Cheese Pizza
Milk Milk Milk Milk Milk Milk Milk Milk	Fruit Juice	Sweet Corn Salad	Roasted Summer Squash	French Fries	Side Salad
August 21 22 23 24 25 Meatloaf Roasted Turkey Breast Sandwich Potato Salad Tomato & Cucumber Salad Chicken Salad Wrap Potato Salad Fresh Fruit & Chilled Fruit Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Menu Subject To Change Without Notice Chilled & Dricd Fruits Fresh Fruits Strawberries-Local Peach Free Stone Pears Diced Melons-Local when available Raisins Oranges August 24 25 Chicken Salad Wrap Hamburger/Cheeseburger Cheese Pizza or Vegetable Pizza Side Salad Baked Beans Side Salad Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Menu Subject To Change Without Notice Serving size: Fruit-1/2 cup Whole Grain Rolls, Breads, Pastas, and Pizza Shells. A Variety of Fresh and Chilled Fruit Ofered Daily. Daily Alternative: Sunbutter and Jelly Sandwich Chilled Fruit Ofered Daily.	Fresh Fruit & Chilled Fruit	Fresh Fruit & Chilled Fruit	Fresh Fruit	Fresh Fruit & Chilled Fruit	Fresh Fruit & Chilled Fruit
Meatloaf Roasted Turkey Breast Sandwich Potato Salad Tomato & Cucumber Salad Fresh Fruit & Chilled Fruit Milk Milk Menu Subject To Change Without Notice Chilled & Dried Fruits Apricots Diced Apricots Diced Pears Diced Raisins Raisins Postato Salad Tomato & Cucumber Salad Chickpea Salad Chickpea Salad Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Milk Milk Milk	Milk	Milk	Milk	Milk	Milk
Meatloaf Roasted Turkey Breast Sandwich Potato Salad Tomato & Cucumber Salad Chickpea Salad Baked Beans Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Menu Subject To Change Without Notice Chilled & Dried Fruits Presh Fruits Apricots Diced Blueberries-Local Pears Diced Melons-Local when available Raisins Oranges Chickpea Salad Chickpea Salad Baked Beans Fresh Fruit & Chilled Fruit Fresh Fruit Presh Fruit Chilled Fruit Fresh Fruit Presh Fruit Chilled Fruit Fresh Fruit Presh Fruit Chilled Fruit Fresh	August	August	August	August	August
Potato Salad Fresh Fruit & Chilled Fruit Milk Menu Subject To Change Without Notice Chilled & Dried Fruits Apricots Diced PeachFree Stone Pears Diced Raisins Oranges Tomato & Cucumber Salad Chickpea Salad Fresh Fruit & Chilled Fruit Milk Milk Milk Milk Milk Daily Alternative: Sunbutter and Jelly Sandwich Fresh Fruit A Chilled Fruit Fresh Fruit & Chilled Fruit Fresh Fruit	21	22	23	24	25
Fresh Fruit & Chilled Fruit Milk M	Meatloaf	Roasted Turkey Breast Sandwich	Chicken Salad Wrap	Hamburger/Cheeseburger	Cheese Pizza or Vegetable Pizza
Menu Subject To Change Without Notice Chilled & Dried Fruits Apricots Diced Blueberries-Local Pears Diced Melons-Local when available Raisins Milk Mi	Potato Salad	Tomato & Cucumber Salad	Chickpea Salad	Baked Beans	Side Salad
Menu Subject To Change Without Notice Chilled & Dried Fruits Apricots Diced Blueberries-Local PeachFree Stone Pears Diced Melons-Local when available Raisins Pears Diced Menu Subject To Change Without Notice Serving size: Fruit-1/2 cup Whole Grain Rolls, Breads, Milk-1 cont. or 1 cup Cereal-1 Container Breakfast Bar-1 Bar Chilled Fruit Ofered Daily. Daily Alternative: Sunbutter and Jelly Sandwich Cereal-1 Container Breakfast Bar-1 Bar Chilled Fruit Ofered Daily.	Fresh Fruit & Chilled Fruit	Fresh Fruit & Chilled Fruit	Fresh Fruit	Fresh Fruit & Chilled Fruit	Fresh Fruit & Chilled Fruit
Chilled & Dried Fruits Apricots Diced Apricots Diced PeachFree Stone Pears Diced Raisins Pears Diced Melons-Local when available Raisins Fresh Fruits Serving size: Fruit-1/2 cup Whole Grain Rolls, Breads, We Use Whole Wheat or Fruit-1/2 cup Whole Grain Rolls, Breads, Milk-1 cont. or 1 cup Cereal-1 Container Breakfast Bar- 1 Bar Chilled Fruit Ofered Daily. Daily Alternative: Sunbutter and Jelly Sandwich Cereal-1 Container Breakfast Bar- 1 Bar Chilled Fruit Ofered Daily.	Milk	Milk	Milk	Milk	Milk
Apricots Diced Blueberries-Local PeachFree Stone Pears Diced Raisins Blueberries-Local Melons-Local when available Raisins Blueberries-Local Fruit-1/2 cup Milk-1 cont. or 1 cup Cereal-1 Container Breakfast Bar- 1 Bar We Use Whole Grain Rolls, Breads, Whole Grain Rolls, Breads, Pastas, and Pizza Shells. Sunbutter and Jelly Sandwich Sunbutter and Jelly Sandwich Cereal-1 Container Breakfast Bar- 1 Bar Chilled Fruit Ofered Daily.	Menu Subject To Change Without Notice				
Apricots Diced Blueberries-Local PeachFree Stone Strawberries-Local Pears Diced Melons-Local when available Raisins Oranges Fruit-1/2 cup Whole Grain Rolls, Breads, Milk-1 cont. or 1 cup Pastas, and Pizza Shells. A Variety of Fresh and Breakfast Bar-1 Bar Chilled Fruit Ofered Daily. Sunbutter and Jelly Sandwich Milk-1 cont. or 1 cup Cereal-1 Container A Variety of Fresh and Chilled Fruit Ofered Daily.	Chilled & Dried Fruits	Fresh Fruits	Servina size:	Whole Grain Rolls, Breads, Pastas, and Pizza Shells. A Variety of Fresh and	Daily Alternative:
Pears Diced Melons-Local when available Raisins Oranges Cereal-1 Container A Variety of Fresh and Breakfast Bar- 1 Bar Chilled Fruit Ofered Daily.	Apricots Diced	Blueberries-Local	Fruit-1/2 cup		Sunbutter and Jelly Sandwich
Pears Diced Melons-Local when available Raisins Oranges Breakfast Bar- 1 Bar Chilled Fruit Ofered Daily.	PeachFree Stone	Strawberries-Local			
Raisins Oranges		Melons-Local when available			
Strawberry Cups Bananas		Oranges			
	Strawberry Cups	Bananas			