

**PITTSFIELD SCHOOL FOOD SERVICES  
SUMMER LUNCH MENU 2023**

**JUNE-JULY**

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|--|---|--|
| <p>We Use Whole Wheat or Whole Grain Rolls, Breads, Pastas, and Pizza Shells. A Variety of Fresh and Chilled Fruit OfereD Daily.</p> | <p>Serving size:<br/>Fruit-1/2 cup<br/>Vegetable- 1/2 cup<br/>Salad- 1 cup<br/>All sandwiches and Subs-1 each<br/>Pasta/Rice- 1/2 cup<br/>Pizza- 1 slice<br/>Milk- 1 cont. or 1 cup</p> | June<br>28   | June<br>29  | June<br>30   |
|  |   | <b>Chicken Patty</b><br>Potato Salad<br>Fresh Fruit<br><b>Milk</b>   | <b>Hamburger/Cheeseburger</b><br>Baked Beans<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>  | <b>Cheese Pizza</b><br>Side Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>                    |
|  |   | July<br>5  | July<br>6   | July<br>7  |
|  |   | <b>Roasted Turkey Breast Sandwich</b><br>Tomato & Cucumber Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b> | <b>Hamburger/Cheeseburger</b><br>French Fries<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b> | <b>Cheese Pizza</b><br>Side Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>                    |
|  |   | July<br>12   | July<br>13  | July<br>14   |
|  |   | <b>Turkey Enchiladas</b><br>Roasted Corn<br>Fresh Fruit<br><b>Milk</b>   | <b>Hamburger/Cheeseburger</b><br>Baked Beans<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>  | <b>Cheese Pizza or Vegetable Pizza</b><br>Side Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b> |
|  |   | July<br>19   | July<br>20  | July<br>21   |
| <b>Hot Dog or Grilled Cheese</b><br>Roasted Corn<br>Sliced Watermelon<br><b>Milk</b>   | <b>Holiday</b><br>Happy 4th of July!  | <b>Roasted Turkey Breast Sandwich</b><br>Tomato & Cucumber Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b> | <b>Hamburger/Cheeseburger</b><br>French Fries<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b> | <b>Cheese Pizza</b><br>Side Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>                    |
| July<br>3  | July<br>4   | July<br>5  | July<br>6   | July<br>7  |
| <b>Teriyaki Chicken Strips</b><br>Brown Rice<br>Green Beans<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>                            | <b>Ham and Cheese Croissant</b><br>Roasted Summer Squash<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>  | <b>Turkey Enchiladas</b><br>Roasted Corn<br>Fresh Fruit<br><b>Milk</b>   | <b>Hamburger/Cheeseburger</b><br>Baked Beans<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>  | <b>Cheese Pizza or Vegetable Pizza</b><br>Side Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b> |
| July<br>10   | July<br>11  | July<br>12   | July<br>13  | July<br>14   |
| <b>Grilled Cheese or Sun Butter &amp; Jelly</b><br>Fruit Juice<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>                         | <b>Chicken and Cheese Quesadilla</b><br>Sweet Corn Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>  | <b>Turkey, Bacon, Cheddar Wrap</b><br>Roasted Summer Squash<br>Fresh Fruit<br><b>Milk</b>                      | <b>Hamburger/Cheeseburger</b><br>French Fries<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b> | <b>Cheese Pizza</b><br>Side Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>                    |
| July<br>17   | July<br>18  | July<br>19   | July<br>20  | July<br>21   |
| <b>Meatloaf</b><br>Potato Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>  | <b>Roasted Turkey Breast Sandwich</b><br>Tomato & Cucumber Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>  | <b>Chicken Salad Wrap</b><br>Chickpea Salad<br>Fresh Fruit<br><b>Milk</b>                                      | <b>Hamburger/Cheeseburger</b><br>Baked Beans<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b>  | <b>Cheese Pizza or Vegetable Pizza</b><br>Side Salad<br>Fresh Fruit & Chilled Fruit<br><b>Milk</b> |
| July<br>24   | July<br>25  | July<br>26   | July<br>27  | July<br>28   |

Menu Subject To Change Without Notice

|                        |                             |
|------------------------|-----------------------------|
| Chilled & Dried Fruits | Fresh Fruits                |
| Apricots Diced         | Blueberries-Local           |
| PeachFree Stone        | Strawberries-Local          |
| Pears Diced            | Melons-Local when available |
| Raisins                | Oranges                     |
| Strawberry Cups        | Bananas                     |

PITTSFIELD PUBLIC SCHOOLS  
FOOD SERVICES



Daily Alternative: Sun Butter &  
Jelly Sandwich



PITTSFIELD SCHOOL FOOD SERVICES  
Summer Lunch MENU 2023

August



| MONDAY  |  | TUESDAY  |  | WEDNESDAY  |  | THURSDAY  |  | FRIDAY   |  |
|---|--|--|--|--|--|---|--|--|--|
| July 31   |  | August 1   |  | August 2   |  | August 3  |  | August 4   |  |
| Hot Dog or Grilled Cheese                                       |  | Teriyaki Chicken Strips  |  | Roasted Turkey Breast Sandwich   |  | Hamburger/Cheeseburger  |  | Cheese Pizza                                       |  |
| Roasted Corn<br>Sliced Watermelon<br>Milk                       |  | Brown Rice<br>Green Beans<br>Fresh Fruit & Chilled Fruit       |  | Tomato & Cucumber Salad<br>Fresh Fruit & Chilled Fruit<br>Milk   |  | French Fries<br>Fresh Fruit & Chilled Fruit<br>Milk   |  | Side Salad<br>Fresh Fruit & Chilled Fruit<br>Milk  |  |
| August 7  |  | August 8   |  | August 9   |  | August 10   |  | August 11  |  |
| Teriyaki Chicken Strips   |  | Ham and Cheese Croissant                                       |  | Turkey Enchiladas  |  | Hamburger/Cheeseburger  |  | Cheese Pizza or Vegetable Pizza                    |  |
| Brown Rice & Green Beans<br>Fresh Fruit & Chilled Fruit<br>Milk |  | Roasted Summer Squash<br>Fresh Fruit & Chilled Fruit<br>Milk   |  | Roasted Corn<br>Fresh Fruit<br>Milk  |  | Baked Beans<br>Fresh Fruit & Chilled Fruit<br>Milk  |  | Side Salad<br>Fresh Fruit & Chilled Fruit<br>Milk  |  |
| Milk 14   |  | 15   |  | 16   |  | 17  |  | 18   |  |
| Grilled Cheese or Peanut Butter Jelly                           |  | Chicken and Cheese Quesadilla                                  |  | Turkey, Bacon, Cheddar Wrap  |  | Hamburger/Cheeseburger  |  | Cheese Pizza                                       |  |
| Fruit Juice<br>Fresh Fruit & Chilled Fruit<br>Milk              |  | Sweet Corn Salad<br>Fresh Fruit & Chilled Fruit<br>Milk        |  | Roasted Summer Squash<br>Fresh Fruit<br>Milk   |  | French Fries<br>Fresh Fruit & Chilled Fruit<br>Milk   |  | Side Salad<br>Fresh Fruit & Chilled Fruit<br>Milk  |  |
| August 21   |  | August 22  |  | August 23  |  | August 24   |  | August 25  |  |
| Meatloaf  |  | Roasted Turkey Breast Sandwich                                 |  | Chicken Salad Wrap   |  | Hamburger/Cheeseburger  |  | Cheese Pizza or Vegetable Pizza                    |  |
| Potato Salad<br>Fresh Fruit & Chilled Fruit<br>Milk             |  | Tomato & Cucumber Salad<br>Fresh Fruit & Chilled Fruit<br>Milk |  | Chickpea Salad<br>Fresh Fruit<br>Milk  |  | Baked Beans<br>Fresh Fruit & Chilled Fruit<br>Milk  |  | Side Salad<br>Fresh Fruit & Chilled Fruit<br>Milk  |  |
| Menu Subject To Change Without Notice                           |  |  |  |  |  |   |  |  |  |
| Chilled & Dried Fruits  |  | Fresh Fruits   |  | Serving size:<br>Fruit-1/2 cup<br>Milk- 1 cont. or 1 cup<br>Cereal-1 Container<br>Breakfast Bar- 1 Bar |  | We Use Whole Wheat or Whole Grain Rolls, Breads, Pastas, and Pizza Shells. A Variety of Fresh and Chilled Fruit Ofered Daily. |  | Daily Alternative:<br>Sunbutter and Jelly Sandwich |  |
| Apricots Diced  |  | Blueberries-Local  |  |  |  |   |  |  |  |
| PeachFree Stone   |  | Strawberries-Local   |  |  |  |   |  |  |  |
| Pears Diced   |  | Melons-Local when available                                    |  |  |  |   |  |  |  |
| Raisins   |  | Oranges  |  |  |  |   |  |  |  |
| Strawberry Cups   |  | Bananas  |  |  |  |   |  |  |  |